



Rise Community Action
2nd Floor, Hothouse,
274 Richmond Road,
London
E8 3QW



1. Support Groups for HIV positive Women and their families

Monthly sessions held at Mildmay Hospital's Education department; in these sessions individuals share their knowledge and experiences with each other. Professionals contribute to these sessions providing the latest information on managing conditions.

2. Outreach Visits

Home and hospital visits to clients who are housebound or hospitalised, this project is essential as most of our clients are Refugees and live in isolation.

3. Sexual Health Outreach Activities Information leaflets and condom distribution to the wider community.

4. Peer Support - prevention, treatment, care and support project

A project developed to support women who receive a positive diagnosis during routine antenatal testing and their partners. The process involves running support groups and providing peer support as and when needed. Members of Rise Community Action who have had positive diagnosis while pregnant but are now empowered provided the peer support. The support group/discussion groups are aimed at better informing both the female and their male partners the benefits of taking early HIV test and interventions to reduce the mother to child HIV transmission. The topics of discussion included:

- a. HIV treatment during and after pregnancy
- b. Safer sex
- c. Disclosure/Relationship
- d. Breast feeding